TENORM Waste/Radiation Safety

David Stradinger ND Department of Health Radiation Control Program

 TENORM radioactive materials of concern:

- Radium-226 (Ra-226)
- Radium-228 (Ra-228)

• Why are they a concern?

• These materials emit radiation:

- Alpha radiation:
 - Internal hazard (e.g., swallowed, inhaled, absorbed through wounds)
 - Not an external hazard
- Beta radiation:
 - Short range particle
- Gamma radiation:
 - Penetrating, external hazard

 Ra-226 emits alpha and gamma radiation (186 keV gamma)

- Not much of an external exposure concern
- Concern with inhalation (breathing in), ingestion (eating), and absorption (open wounds, etc.)

Ra-228 emits beta radiation

- Not much of an external exposure concern
- Moderate internal exposure concern



THE PENETRATING POWER OF ALPHA AND BETA PARTICLES, AND GAMMA RAYS

ALPHA PARTICLES

RADIATION SOURCE

Stopped by a sheet of paper

Stopped by a layer of clothing or by a few millimeters of a substance such as Lucite (plastic) or aluminum

GAMMA RAYS

Stopped by several feet of concrete or a few inches of lead

> ORGANIC TISSUE

External exposure protection factors

• Time

Distance

Shielding







Minimizing Exposure - Time

 Minimize the amount of time spent near sources of radiation



Minimizing Exposure - Distance



 As the distance from a radioactive source doubles, the exposure rate decreases by a factor of four

Moving back just a couple of feet makes a big difference

Minimize Exposure - Shielding

 Use of proper personnel protection equipment (PPE)

- Protective clothing (i.e., coveralls, Tyvek suits)
- Gloves
- Masks
- Respirators

Minimize Exposure - Shielding

Practicing good personnel hygiene

- Do not take dirty clothing, etc. home
- Wash hands thoroughly
- Survey hands and feet prior to leaving restricted areas

Minimize Exposure - Other

Use of Survey Meters (detection)

- Essential for detection and measurement of radiation in the workplace
- Calibrated at least annually
- Users must be trained

Minimize Exposure - Other

• Labels, Signs & Warnings

Warning signs should be used on:
TENORM storage/transport containers
TENORM storage areas
TENORM use areas



• "Notice to Employees"

 Posting of location of ND Radiological Health Rules, operating and emergency manual, radioactive material license, etc.

Minimize Exposure - Other

TENORM Storage & Security

- Limit access
- Use properly lined storage containers
- Perform regular area surveys
- TENORM Waste Management
 - Use proper waste transport containers
 - Proper labeling of waste containers
 - Manifests

- How do we determine external exposure?
 - Ring and/or whole-body badges
 - Monitoring devices include:

 - Film badges
 TLDs (thermoluminescent dosimeters)
 Luxel+[®] OSL (optically stimulated luminescence) dosimeters
 - Pocket-type dosimeters
 - Exchanged monthly or quarterly









• What are the permissible limits for external exposure?

- Public dose limit = 100 mrem/year
- Occupational dose limit = 5000 mrem/year

• What is occupation dose?

 The dose received by an individual in the course of employment in which the individual's assigned duties involve exposure to radiation or to radioactive material.

• What is public dose?

• The dose received by everyone else.

• How do the dose limits compare?

 Average individual dose from normal background radiation (not including medical)
 = 360 mrem/year

Average individual dose from background radiation including medical = 620 mrem/year

Take Backs

 The three cardinal rules for radiation protection are time, distance and shielding

• Use common sense

Questions?

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